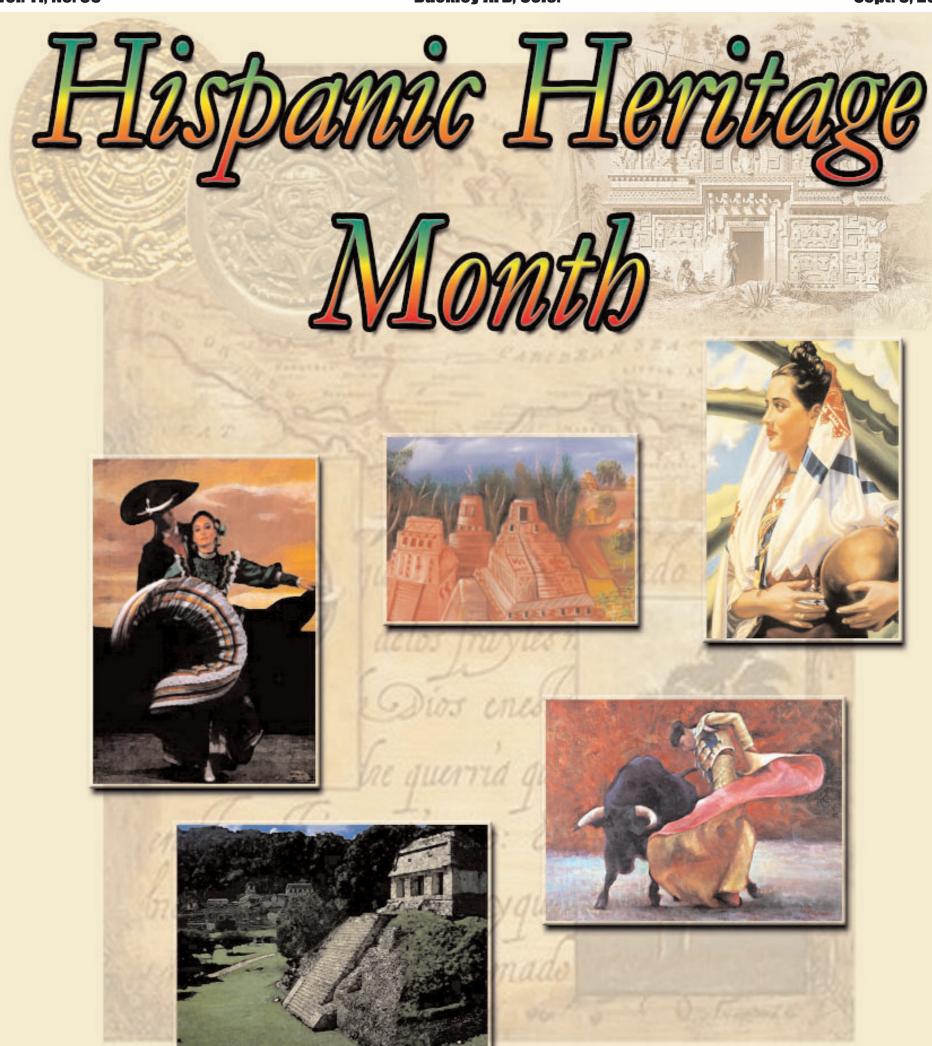
MILE HIGH GUARDIAN

Vol. 11, No. 35 Buckley AFB, Colo. Sept. 3, 2004



-Viewpoint—

Mentorship is about leadership, getting involved

By Maj. Robby Weaver 5th Maintenance Squadron commander

MINOT AIR FORCE BASE, N.D. — "Talk is cheap."

There is no substitute for first-hand experience. In my Air Force career, I can't think of a single instance where a briefing, meeting, e-mail or phone conversation changed my outlook on leadership. All the big impressions came from things I did or saw.

Fortunately, I had mentors that invested the time in having me watch them lead, dragging me around with them and letting me inside their "walls" so I could understand their actions. For better or for worse, these mentors had a profound impact on the leader and person I am today.

Airmen you mentor must see

you lead. A true mentor doesn't simply say, "I am your mentor, hear my wisdom and learn." It all starts with leadership. Junior Airmen need to identify you as a leader, one they would like to emulate.

Being a visible leader is an absolute prerequisite to mentoring. You probably do this naturally. You set goals and priorities for your unit, shop or section; communicate status up and down the chain of command; identify and correct weak areas in your team and all those other good things you learned in ROTC, Airman Leadership School and kindergarten. Whether you do this through commanders calls, roll calls, pre-shift briefings, over lunch or even through the much-maligned electronic correspondence, you must be a leader before you can be a mentor.

It can sometimes be hard to

make time for more personal interaction and leadership. It can be even harder to make the extra time to drag your mentoree with you. I remember the dreaded words which always came at the worst possible time, "Lieutenant Weaver, let's go visit the phase docks." Or, "Lieutenant Weaver, please stand in here for this Article 15 presentation."

Even though it meant sacrificing valuable time to do something that might not have made an immediate difference, the long-lasting impact these events had on me was tremendous. To observe a leader in a personal setting, watching them lead on small and large levels is something that never fails to make an impact. To really involve a junior Airman in your mentoring sometimes requires letting them "inside your walls."

Understanding what you are trying to accomplish and how you plan to accomplish it will give insight into your leadership.

"I really need to get Airman Jones' attention. I guess I'll have to yell and maybe throw this stapler. Please ask him to step in." This explanation could make the difference between a junior Airman thinking you are a brilliant supervisor as opposed to thinking you are a raving lunatic. To admire your leadership, mentorees must understand your leadership.

Mostly, you just need to go for it. The worst that could happen is you could serve as an example of what not to do. As long as you take the time to drag a mentoree with you, even providing a negative example will serve a positive purpose. So quit wasting time. Find a junior Airman and get out there.

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Have a question, complaint or suggestion?
Don't forget the Buckley
Air Force Base Action Line
is designed to bring issues,
concerns and comments
(positive or negative) to the
commander's attention.

Provide as many specifics on your issue as possible.

Please use this valuable communication tool.

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AAFES (BX) 720-859-9626
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CDC 720-847-6175
Civilian Personnel 720-847-6187
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Col. Allen Kirkman Jr.

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Education Office	720-847-6675
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-6th Avenue Gate	720-847-9940

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services)	1-800-321-
	1080
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	9378

Retiree Pay (All

Visitors Center...... 720-847-9381 Volunteer Program 720-847-6681 Youth Programs..... 720-847-5430

Cameras catch shoplifter

Q: I am concerned about an item in the Mile High Guardian dated Aug. 13, 2004. In the blotter entries section under the shoplifting item, it stated "security forces contacted the investigator who stated he watched the subject put nine items with an approximate value of \$443 in her baby carrier while she was in the changing room and then depart the store without purchasing the items. The incident was recorded via store surveillance video." If I read this correctly, the changing rooms at the base exchange are recorded on store surveillance video. If this is the case, I feel there should be a warning sign on the doors of the changing rooms alerting people to this policy. Could you please look into this?

A: Thank you very much for your inquiry. The video you mentioned showed a suspected shoplifter just outside the changing rooms. There are no cameras located in either the male or female dressing rooms. Cameras are located outside the dressing rooms in order to observe entry and exit and are not capable of viewing inside dressing rooms. I appreciate your concern and hope this answers your question.

MILE HIGH GUARDIAN

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To reach us, call 720-847-9431, fax at 720-847-6887 or e-mail us at newspaper@buckley.af.mil.

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> Airman 1st Class Chris Smith Editor

Space History

Sept. 2, 1960 SAC's first operational Atlas ICBM complex is on alert at F.E.
Warren AFB, Wyo.
Sept. 1, 1982 - The Air
Force activated Space
Command to consolidate operational space activities under Gen. James
Hartinger's leadership.

Hispanics defending freedom -- contributions worth remembering

By Col. Jose R. Aragon

Pacific Air Forces Financial Analysis Division

HICKAM AIR FORCE BASE, Hawaii --

Many Hispanic Americans have been drawn to military service for myriad of reasons -- to seek opportunities for education, growth, advancement, skills and professional success. Other factors include a sense of patriotism, love of country and hunger to serve. Hispanic Americans have contributed gallantly to the defense of our nation, earning 40 Medals of Honor, more than any other demographic segment.

Indeed, the military and civilian contributions of Hispanic Americans reflect a deep commitment to the principles of freedom and democracy. From the American Revolution to the Global War on Terrorism, Hispanic Americans have risked and sacrificed their lives to defend freedom.

Here are just a few achievements of some notable Hispanic Americans:

The Civil War's most famous Hispanic was Adm. David Farragut. He served gallantly in the Civil War and was instrumental in capturing New Orleans and seizing control of the Mississippi River. He has been immortalized in history books for his war cry, "Damn the torpedoes, full speed ahead!" He was the first admiral in the Navy. Congress created the rank for him, specifically, in recognition of his contributions during the Civil War.

Loreta Velazquez was the first Hispanic female spy in U.S. history. She was a Cubanborn woman who disguised herself as a Confederate soldier and served as Lt. Harry Buford. Velazquez left her married, domestic life in San Antonio and fought in such battles as Bull Run, Ball's Bluff, Fort Donelson and Shiloh. Although never officially recognized militarily for her efforts, her life story is chronicled in the book, *The Woman in Battle*.

Marine Private First Class Guy "Gabby" Gabaldon, a Los Angeles native, captured more than 1,000 Japanese in the South Pacific during World War II. After learning Japanese from his adopted Japanese family, he used it to obtain vital information on enemy positions that aided in that capture. He received a Silver Star for heroism.

In Silvis, a small town in northwestern Illinois, there is a street named Hero Street, formerly known as Second Street. It is just one and a half blocks long in a predominantly Hispanic neighborhood. Joe Gomez, Pete Macias, Johnny Munoz, Tony Pompa, Frank Sandoval, Joe Sandoval, William Sandoval and Claro Soliz grew up together in this small street in a very close-knit community,

working for the railroad just as their fathers before them. They went to battle in World War II without hesitation and never came back.

As it turns out, 84 men from the 22 families who resided on this street participated in World War II, Korea and Vietnam. This street has contributed more men to military service than any other place of comparable size in the United States. Hero Street, U.S.A, has a remarkable story of personal sacrifice and patriotism.

In 2001, America lost a Latino patriot who was diligent in the defense of his country and who protected American lives many times over. His code name, Tango - Mike - Mike, stood for "That Mean Mexican." This patriot, who was also a Medal of Honor recipient, was Army Master Sgt. Roy Benavidez. In his book *Medal of Honor: One Man's Journey from Poverty to Prejudice*, He wrote these memorable words:

"I believe that there is no greater calling for a man or woman to serve in the military of a free nation. I believe that it is a calling that transcends all others because embedded deep within the soul of every free man or woman is the knowledge that every freedom we have was earned for us by our ancestors, who paid some price for that freedom. Each and every generation must relearn those lessons, and they are best learned by doing. The strength of every free nation depends on this transfer of knowledge. Only through the transfer of knowledge from generation to generation will free men survive."

Each day, we have an extraordinary opportunity, an opportunity to be better than we were yesterday. We must all strive to improve ourselves to be the best we can be. That's how we can honor the memory of those who have given their lives to fight and defeat terrorism and ensure their sacrifices are not in vain. When opportunity knocks, we must be ready to answer the door.

Winston Churchill once said, "To every man, there comes in his lifetime that special moment when he is tapped on the shoulder and offered the chance to do a very special thing, unique and fitted to his talents. What a tragedy if that moment finds him unprepared and unqualified for the work that would be his finest hour."

Opportunity, combined with education, is a key to success; and the military is a great place to seek it, find it and achieve success from it.

(Courtesy of Pacific Air Forces News

Soundoff!

Question: Which Hispanic-American do you admire most as a role model?



My uncle, because he was a great businessman. He was a hard-worker with geat ethics and integrity and he always pushed me to be better. Mr. Gabriel Flores, base supplier



My wife, because she's a go-getter and great mom. Lt. Col. Paul Bauer, 460th Mission Support Squadron commander



My parents, because they taught me the value of friendships and family. The things they taught me have helped me to become a good parent to my son. Staff Sgt. Liz Torres, physical theraphy technician, 460th Medical Squadron

Don't claim these military entitlements

By Col. Dave Tobin 460th Operations Group commander

Memorial Day through Labor Day marks the Air Force's "101 Critical Days of Summer" safety campaign.

We focus on this period because it's "a period of increased off-duty injuries caused by increased activity and risk taking," according to officials from the Air Force Safety Center at Kirtland Air Force Base, N.M. But here is some information that you may not have thought about.

Did you know that if you die while on Active Duty, the Air Force has many formal and informal programs designed to support and comfort the grieving family you leave behind? After your commander and chaplain, clad in their neatly-pressed service-dress uniforms, formally notify your family of your death, a casualty assistance representative will help your next of kin with details such as claiming your pay, collecting your Serviceman's Group Life Insurance and obtaining your death certificate. Shortly after that, your squadron mates will gather at your home to eat your food, drink your beverages and tell funny stories about you.

Over the past 10 years, more than 700 Air Force families learned about the Air Force Survivor Assistance program in one of the hardest ways possible when their Active-Duty loved ones were killed in off-duty traffic accidents. According to Air Force Safety Center statistics, we lose an Active-Duty Air Force member in a traffic

accident once every five days. Active-Duty fatalities skyrocket to more than one death every three days during the summer months, the vast majority of which are off-duty accidents in privately owned vehicles.

Why does this happen? Again citing Air Force Safety Center statistics, nearly 90 percent of off-duty traffic fatalities involve one or more of these factors: Poor judgment, lack of discipline and selfinduced stress. Alcohol, speed and nighttime driving are also guaranteed to increase your risk on the road. If you happen to be a male between the ages of 18 and 25 -- a significant demographic here at Buckley Air Force Base -- you are part of an elevated risk group for motor vehicle accidents. And if you're a motorcycle enthusiast, "lack of proficiency" is routinely cited as a causal factor in a traffic fatality.

Assuming you love your family and friends and want to spare them an untimely visit from your commander and chaplain, what can you do to avoid becoming a statistic?

The simplest answer is to always make safety considerations an integral part of your plans. I was surprised by the fact that off-duty ground fatalities outnumber on-duty ground fatalities by a ratio of 8-to-1. We can reduce off-duty accidents and fatalities simply by applying the same Operational Risk Management (ORM) principles we use on the job to our daily lives at home.

I'm not suggesting you prepare a six-part safety briefing in PowerPoint every time you get into your car or plan recreational activi-

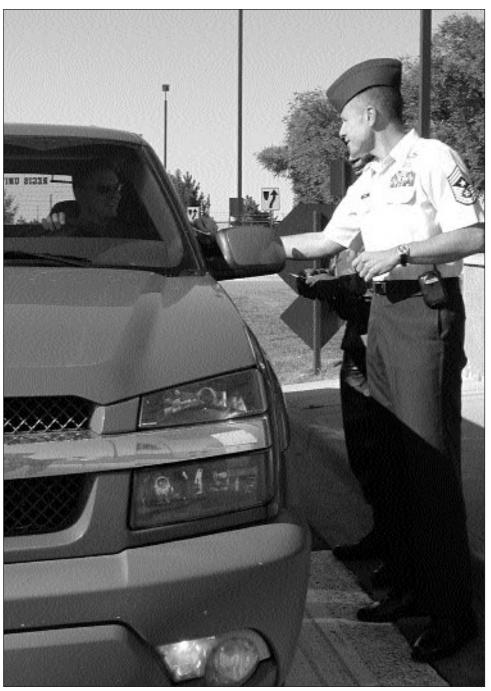


Photo by Airman 1st Class Chris Smith

Chief Master Sgt. Rene Simard, 460th Space Wing command chief, hands a safety reminder card to a motorist. Several base leaders were at the gates to hand out the safety cards Wednesday morning.

ties. Applying the ORM mindset (and throwing in a little common sense) doesn't have to be complicated. It's as easy as taking a moment to consider risks and taking steps that could spare your family the anguish of receiving

Survivor Assistance Program benefits. While the "101 Critical Days" are approaching an end, keeping safety in mind can help keep you around for the next summer safety campaign.

Blotter Entries

Parking Complaint

Location: Aerospace Data Facility Parking Lot

A civilian employee notified the law enforcement desk to file a complaint about a parking altercation. One patrol was briefed and dispatched. Security forces made contact with the complainant who stated that while she parked her car, a man had stopped behind her car and passed an obscene gesture to her. The complainant completed an AF Form 1168 and the incident was turned over to the Aerospace Data Facility government security office for further investigation.

Hazmat Incident

Location: Bldg. 28, Dormitory I

The fire department notified the law enforcement desk of a hazardous substance spill located at Bldg. 28. One patrol was dispatched. The spill was cleaned up and the fire chief terminated the response.

POV vs. POV

Location: Bldg. 1, Base Exchange Parking Lot

A civilian employee notified the law enforcement desk to report she had been involved in an accident but had not reported it at the time. One patrol was dispatched. The complainant stated that she was waiting to park her vehicle in the base exchange parking lot when another vehicle backed out of a parking space and struck her vehicle on the driver's side rear quarter panel. The complainant stated she and the other driver examined their vehicles for damage and after finding none departed without contacting security forces or exchanging

insurance information. The driver completed a minor vehicle accident worksheet.

Possible Fake Identification Card

Location: Off-base Establishment
A security officer from an off-

base establishment notified the law enforcement desk that he had one male individual with a military identification card that he had detained for contributing alcohol to a minor at the bar. The security officer further stated that identification card was bright green in color with a blue signature at the bottom. The member stated he recently separated from the Air Force Reserve and was formerly stationed at Buckley with the 566th Information Operations Squadron. The law enforcement desk was unable to verify that information. Adams County Sheriff Department confiscated the card on the belief that it was fraudulent and told the individual the card would be held at the Adams County Sheriff's department substation.

Off-base Civil Arrest

Location: Commerce City, Colo.

A military member notified the law enforcement desk that he was being held at the Adams County Jail. An officer from the Adams County Jail stated that the member was arrested for third degree assault, harassment and domestic violence. The member was being held on \$1,500 bail.

Patrol Response

Location: Bldg. 1, Commissary Parking Lot

A civilian employee contacted the law enforcement desk to report

someone had left a dog unattended in a vehicle. One patrol was briefed and responded. Security forces made contact with the complainant who stated he had the commissary management page the owner with negative contact. Security forces also had the commissary page the owner with negative contact. Security forces left a note on the vehicle and terminated the response.

Unannounced Alarm

Location: Base Exchange, Auto Center

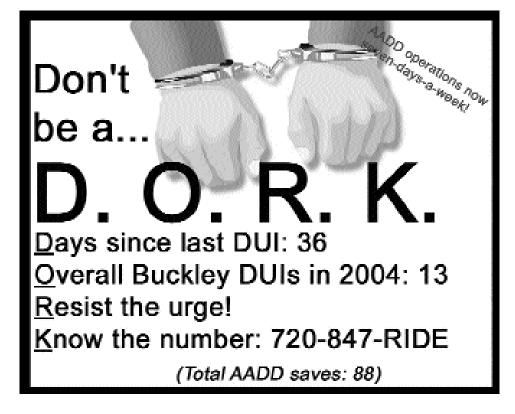
The law enforcement desk received a duress alarm at the auto center in the base exchange and dispatched three patrols. Security forces established a cordon around the facility. The law enforcement desk made contact with the base exchange manager who stated all was secure inside the facility. The

manager stated one of the base exchange employees had accidentally tripped the duress alarm. Security forces verified the manager's security status and terminated the response.

Unlocked Facility

Location: Bldg. 1005

A security forces member notified the law enforcement desk that he had found an unlocked door at Bldg. 1005. Two patrols were briefed and responded. Security forces established a cordon, conducted a sweep of the facility and found everything to be in order. The building custodian was contacted and stated she would respond. Security forces and the building custodian conducted a sweep of the facility, which met with negative findings. Security forces secured the facility and terminated the response.



Strategic Space conference set for October

Courtesy of

The Space Foundation

OMAHA, Neb. — The Commander of United States Strategic Command, Gen. James E. Cartwright, United States Marine Corps, has confirmed his participation at Strategic Space, where he will deliver the opening keynote speech Oct. 6. This second yearly conference is designed to further the relationship between senior leadership of the Command, component and supported commands, the aerospace contractor community, federal officials and other leaders.

Strategic Space 2004, presented in support of United States Strategic Command by the Space Foundation and Space News, is scheduled October at the Qwest Center Omaha Convention Center and Arena. A crowd of more than 1,000 is expected to attend.

"I'm really looking forward to Strategic Space 2004," said Cartwright. "This is a premier conference that brings the best and brightest experts together to focus on the strategic issues we face across the command's full spectrum of missions."

Cartwright joins a long list of military leaders, senior DoD officials and key industry executives participating in Strategic Space 2004. Speakers and panelists include Maj. Gen. Robert S. Dickman, USAF (retired), Deputy for Military Space, Office of the Under

Secretary of the Air Force;
Lt. Gen. Larry J. Dodgen, USA, commander,
United States Army Space & Missile Defense
Command; Gen. Howell M. Estes, III, USAF
(Retired), President, Howell Estes & Associates,
Inc.; Brig. Gen. Richard V. Geraci, USA,
Director, National Security Space Architect
The Honorable Newt Gingrich, Chief Executive
Officer, The Gingrich Group; Lt. Gen. Thomas
B. Goslin, Jr., USAF, deputy commander, United
States Strategic Command; Maj. Gen. Michael
A. Hamel, USAF, commander, 14th Air Force,
Air Force Space Command and commander,
Space Air Forces, United States Strategic



Photo courtesy of the Space Foundation

The Qwest Center, located in Omaha, Neb., is scheduled to be the location of this year's Strategic Space conference. Top military leaders, government officials and space industry executives will meet at the conference to discuss space programs.

Command; Gen. Lance W. Lord, USAF, commander, Air Force Space Command; Gen.
Thomas S. Moorman, Jr., USAF (retired), vice president, Booz Allen Hamilton
Strategic Space panels; Space at a Strategic Crossroads - Progress and Challenges
Space Control – Awareness and Protection from the Operational Perspective; Network Centric Warfare and Info Operations - A Critical Inflection Point; Commercial Space - Meeting Requirements and Changing Opportunities
What We Expect From Space - The Combatant Commands Speak; Missile Defense - Capability for the Future; The International Role in Global Strategic Security.

More than 30 industry companies featuring the latest in technologies, systems and solutions supporting the United States Strategic Command have secured a space to display their wares in the more than 8,000 square feet exhibit hall at Strategic Space 2004, filling it to capacity. A complete exhibitor list, speakers, sponsors, program agenda and on-line registration are available at www.stratspace.org.

Special events scheduled during the week include a Welcoming Ceremony, co-sponsored

by the Greater Omaha Chamber of Commerce; an Opening Reception at the new exhibit center, co-sponsored by Northrop Grumman; a Networking Luncheon, jointly co-sponsored by Booz Allen Hamilton and The Boeing Company; Closing Dinner, co-sponsored by Lockheed Martin; featured speakers and panels, press conferences and other networking opportunities. Additional sponsors include Analytical Graphics, Inc., ATK Thiokol, BAE Systems, Bellevue Chamber of Commerce, Computer Sciences Corporation, CSP Associates, Honeywell, Integral Systems, Raytheon Company, SPACE.com and Space News.

The Space Foundation is a national non-profit organization, which advances and supports civil, commercial and national security space endeavors and educational excellence. For more information, visit www.spacefoundation.org.

Space News is the premier business-to-business international news weekly dedicated entirely to the commercial and military space and satellite communications' businesses. For more information, visit www.space.com/spacenews.

Colorado law could save thousands on education

By 2nd Lt. Carla M. Gleason 460th Public Affairs

Colorado House Bill 04-1006 passed without objection and was signed into law by Gov. Bill Owens May 27.

What does that mean for you? Thousands of dollars your family could save on education if you are an Active Duty member or family member stationed in Colorado.

Because of this law, even if the Active Duty military member sta-

tioned in Colorado is being transferred, family members can still retain in-state-tuition classification if you originally moved to Colorado on a permanent change-of-station basis, or if you have been stationed here for 12 continuous months.

"This is a big thing to any military member with a spouse or kids here," said Sue Whelen, who is a military family member. Ms.
Whelen has been following the bill in the Colorado Legislature for

months now. "It opens the world for people, you are looking at a potential \$7,000 difference per year in some cases."

Previously, if the Active Duty member was transferred out of state, even if the family member in school stayed behind, they lost their in-state classification.

"This can save military families a tremendous amount of money," said Bob Tomlinson, education program specialist here. "In some cases the difference between instate and out-of-state tuition can be 30-50 percent."

There are some restrictions on eligibility under this law. After qualifying as an in-state student, you must remain continuously enrolled as an undergraduate or graduate student at an institution of higher education in Colorado. A family member will not lose their in-state classification if the Active Duty member is transferred outside of Colorado as long as this condition has been met.

Buckley Happenings

Services Division

Rockies Military Appreciation Night

The Rockies are scheduled to host a Military
Appreciation Night Sept. 17
in a game against the Los
Angeles Dodgers. To purchase tickets, call
303-ROCKIES, state that
you are with a front range
military base and provide
the reference number
617887. For more information, contact Ms. Carolyn
Gaddis at 720-847-6101.

Broncos Tickets Drawing

The information tickets and tours office is holding drawings for Broncos football tickets. The winners will be able to purchase two tickets per drawing. Drawings are scheduled at noon on Wednesday, two weeks prior to game dates. Winners will be notified by phone. Each game will have a separate drawing. Customers must register in person for each drawing. For more information, con-

tact Ms. Carolyn Gaddis at 720-847-6101.

Newtch's Night

Before heading home for the weekend, stop by the Buckley Community Activity Center every Friday for Newtch's Night from 5 to 7 p.m. Food and beverages will be available for purchase. There will be a variety of games and pastime activities to get involved in. The CAC is located in Mod. 2. Note there will be no Newtch's Night Sept. 3. For more information, contact Ms. Tamiko Thomas at 720-847-9337.

Family Support Center

Job Openings

The Family Support Center has two immediate openings available; deputy director for master, senior or chief master sergeants, and the family readiness NCO for staff or technical sergeants. For more information, contact Senior Master Sgt. Rebecca Nordin at 720-847-6709.

Office Closure

The Family Support Center is scheduled to be closed the week of Sept. 13-17. For additional information, contact Senior Master Sgt. Rebecca Nordin at 720-847-6709

TAP Seminar

There will be a Transition Assistance Program seminar Tuesday through Friday in the Bldg. 606 auditorium from 8 a.m. to 4 p.m. Resume writing, interviewing, veteran and health benefits will be covered among other topics. The seminar is for transitioning military personnel and their spouses. Attire is civilian. To register, log on to the Buckley Integrated Delivery System Web page at www.php-ids.com.

Extras

NCO Retraining Plan

In concert with current

force shaping programs, the Air Force has implemented a noncommissioned officer retraining program to assist in balancing the Total Force.

It is imperative that individuals susceptible for involuntary retraining understand the time-sensitive nature of the first phase. Those individuals who wish to volunteer to retrain should do so prior to the start of the second phase. Military personnel flights will also provide members a current list of Air Force Specialty Codes to retrain into. The NCORP will target approximately 1,098 NCOs to retrain from AFSCs with shortages.

The voluntary phase of the program runs through Sept. 30. If necessary, an involuntary phase will begin shortly afterward. This second phase will choose a retraining AFSC for members regardless of their wishes. Some restrictions apply depending on grade and AFSC. For more

information, contact the military personnel flight at 720-847-9083 or 720-847-5248 for a list of available retraining AFSCs.

Office Closures

Most customer services agencies including the pharmacy and MPF customer service will be closed today and Monday in observance of the Air Force Space Command Family Day and Labor Day.

Automotive Center

The Buckley Base Exchange automotive center is now open from 7 a.m. to 6 p.m. Monday through Friday. The automotive center is located at the back of the BX/Commissary complex with convenient parking and rear entrance for early morning drop-offs. AAFES does tire work, batteries and oil and lube jobs. Drop your car off before duty and, in most cases, it will be ready for pick up by the end of duty hours.

High Frontier Dining Facility Menu (Sept. 3 - 9)

Dining hours

Breakfast: 5:30 a.m. - 8 a.m.; Lunch: 10:30 a.m. - 1 p.m.; Dinner: 5 p.m. - 7 p.m.; Midnight Meal: 11 p.m. - 1 a.m.

	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
LUNCH	Italian garden soup Mexican baked chicken Swiss steak with tomato sauce Stuffed green pepper Macaroni and cheese Steamed rice Vegetable gravy Corn on the cob Spanish style beans Peas and carrots	Pepper pot soup Crispy baked chicken Cajun meat loaf Rib-eye steak Baked potatoes Rice pilaf Brown gravy Calico corn Club spinach Fried okra	Cream of broccoli soup Tuna and noodles Sauerbraten Chicken breast parmesan Au Gratin potatoes Steamed rice Cream gravy Cauliflower combo Peas Fried cabbage	Chicken noodle soup Swiss steak with tomato sauce Baked chicken Sweet Italian sausage Peppers and onions Steamed rice Mashed potatoes Chicken gravy Broccoli polonaise Carrots	New England clam chowder Onion-lemon baked fish Pork schnitzel Beef and spaghetti yakisoba Baked potatoes Mushroom gravy Simmered pinto beans Spinach Stewed tomatoes	Chicken with rice soup Caribbean jerk chicken Beef porcupines Chicken enchiladas Scalloped potatoes Steamed rice Brown gravy Mexican corn Peas with onions Savory baked beans	Beef noodle soup Orange spiced pork chops Liver with onions Tempura fried fish Rissole potatoes Steamed rice Brown gravy Broccoli Peas and carrots Wax beans
D I N N E R	Italian garden soup Lasagna Spaghetti with meat sauce Sweet Italian sausage Mashed potatoes Vegetable gravy Broccoli polonaise Cauliflower Italian style baked beans	Pepper pot soup Fish almondine Stir fry chicken with broccoli Pork chops with mushroom gravy Rissole potatoes Rice pilaf Brown gravy Calico corn Club spinach Fried okra	Cream of broccoli Ginger barbecue chicken Breaded fried shrimp Seafood cocktail sauce Spinach lasagna Orange rice Mashed potatoes Cream gravy Black-eye peas Lima beans Corn O'Brien	Chicken noodle soup Roast turkey Baked ham Raisin sauce Fish and fries Mashed potatoes Corn bread dressing Chicken gravy Succotash Tempura vegetables Herbed green beans	New England clam chowder Paprika beef Barbecue beef cubes Chicken fajitas O'Brien potatoes Steamed rice Brown gravy Cauliflower Corn on the cob Lima beans	Chicken with rice soup Pita pizzas Country style steak Fried chicken Oven brown potatoes Mashed potatoes Brown gravy Fried cauliflower Bean combo Cabbage	Beef noodle soup Mr. Z baked chicken Pepper steak Pasta primavera Mashed potatoes Steamed rice Brown gravy Mixed vegetables Fried okra

Star Performer -

Name: Airman 1st Class Sabrina Lawrence

Unit: 460th Mission Support Squadron

Time in Service: 20 months

Duty Title: Promotions and special actions representative

Hometown: Lodi, Calif.

Hobbies: Snowboarding, hanging out with friends, wakeboarding and camping.

How do your day-to-day duties contribute to mission success?

I ensure promotions are done in a timely manner and are accurate. My ability to get these done correctly helps people concentrate on their jobs rather than dealing with personnel related issues.

If you could change one thing about the Air Force, what would it be?

I believe the morale

within units could always be better. There are always things units can do to make people happier in the workplace. If I could change one thing, it would have to be having Airmen do more activities and participate in morale-building events as a unit. I think doing this could definitely heighten morale and unit cohesiveness and make the Air Force an even better lifestyle.

What has been your most memorable experience in the Air Force?

My most memorable experience in the Air Force was during the Operational Readiness Inspection in February. I was appointed as the casualty lead for the exercises. It was a crazy and hectic couple of weeks, but I came out with so much more knowledge about my extra duties and was even honored with the Professional Performer award.

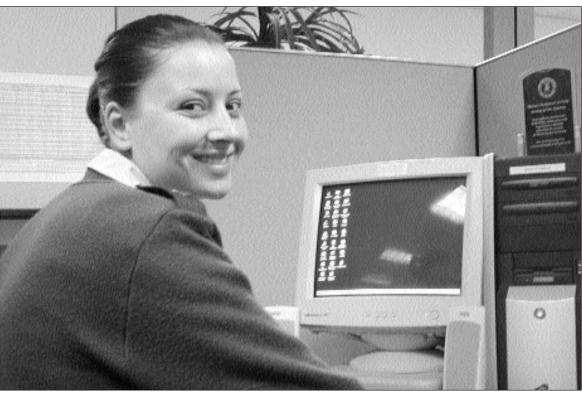


Photo by Airman 1st Class Chris Smith

Airman 1st Class Sabrina Lawrence is a promotions and special actions representative who hails from Lodi, Calif.

Duties, responsibilities and accomplishments:

I provide guidance and timely assistance to unit commander support staffs on all aspects of enlisted promotions and special actions. I screen Weighted Airmen's Promotion System testing promotion eligibility files and coordinate with the testing officer to ensure accurate personnel data. I monitor suspenses for senior airman below the zone actions. I analyze daily and weekly management products to ensure the personnel and pay system database is accurate. I process Article 15s and court-martial actions. I coordinate with the base financial services office to resolve case management system issues. I also have additional duties such as being personnel support for contingency operations and I'm a casualty team member.

POW/MIA Day



Sept. 14 is POW/MIA Day. Team Buckley personnel from all branches of service are scheduled to take turns standing vigil at the 140th Wing head-quarters building flagpole from 7:30 a.m. until 4:30 p.m. ALso, a formal retreat ceremony is scheduled to be conducted at the end of the duty day to pay tribute to the sacrifices our POWs and MIAs have endured for all of us.



Buckley's Envision Xpress hosts vendor show

By Airman 1st Class Chris Smith 460th Public Affairs

Envision Xpress opened its doors Wednesday to base personnel to allow them the opportunity to see what products have been available for their office and janitorial needs as well as individual equipment issue for military members since the store opened several months ago.

The show also gave the store's vendors the opportunity to come to the base, meet with people here, showcase their products and introduce new products.

Mr. Joel Daniel, Buckley Envision Xpress store manager, said the number of people in attendance made it a fantastic chance for people to learn about what the store has to offer.

Envision representatives welcomed base personnel at the door with opportunities for drawings. Inside, they were provided with



Photo by Airman 1st Class Chris Smith

Mr. Kerry Ross, Grainger representative, helps an Envision Xpress customer with questions during the vendor show Wednesday.

free food and beverages while they spoke to vendors at displays throughout the store.

According to one Envision Xpress representative, the event gave vendors a chance to show their products but is mainly held to benefit customers.

"It's about customer appreciation," said Mr. Mickey Ayres, Envision Xpress National Channel district manager. "It's something we do every year and it keeps getting bigger. This year there are almost 30 vendors."

Envision customers were able to walk around the store and visit with vendors, see products and get free samples to test in the workplace.

Attendees at the Envision Xpress vendor show also learned the company is a non-profit organization. All proceeds go to the Javits-Wagner-O'Day organization, according to Mr. Ayres.

"Our whole mission with the base supply stores is making sure all the profit goes back into employing and rehabilitating services for the blind," he said.

Many of the products being sold, mainly the office and janitorial products, are produced by the JWOD organization. The JWOD act requires federal offices to purchase certain products from agencies that hire and train workers who are blind or severely disabled.

For more information on Envision Xpress, contact Mr. Joel Daniel at 303-363-0176.



Photo by Mr. Jim Young

Space Wing Leadership Off-Site

Lt. Col. Mark Miller, 137th Space Warning Squadron director of operations, conducts a briefing at the 460th Space Wing Leadership Off-Site Aug. 26-27. Commanders, agency chiefs and other invitees attended the twoday event. They toured the 137th **Space Warning Squadron in** Greeley, Colo. August 26 to get an overview of the space-based warning mission. On August 27, the group concentrated on force development and readiness and ended the day by developing the wing's goals for the upcoming year.

Jumper speaks on decreased Air Force manning

Courtesy of 460th Public Affairs

A decrease in recruiting rather than forced reductions is the right way to reduce manning, said Air Force Chief of Staff Gen. John P. Jumper on Aug. 30.

This news might be good for many Airmen stationed at Buckley who thought they might be forced to leave through the force shaping program.

Throughout this process, ensuring America's Airmen know they are appreciated is a No. 1 priority, the general said recently.

"Retention and recruiting for the Air Force throughout this crisis over the last three years has remained superb," the general said. "Even after stop-loss was lifted, people feared that Airmen would be leaving the Air Force in great numbers, especially in the Guard and Reserve; it just didn't happen.

"And so we find ourselves in a position where we have 20,000 people more than we should have by law," he said. "I want to try and deal with it without any forced reductions in the force. I don't want anybody to be forced to leave (who) doesn't want to. The secretary of the Air Force (Dr. James G. Roche) and I are absolutely dedicated to making sure we don't break faith with our Airmen."

To get the manning numbers to where they should be and keep Airmen's faith, recruiting is going to be cut by about one-third for a year,

General Jumper said.

"We've never tried this before, but I think it's the right thing to do" he said. "Taking that (recruiting) loss in one year (should help us) get back to the numbers we're supposed to have, and we hope that the excesses in the few previous years will help fill in those holes as far as grade opportunity ..."

Taking care of people and the Air Force organization as a whole is all about knowing where the critical shortages are and ensuring the right people have the right skills and are doing the right things, General Jumper said.

"We went for years during the '90s making cuts in people," he said. "We would cut 10 percent, and then 15 percent and then 20 percent — and then we finally ended up cutting a total of 40 percent of our force. ... In a lot of cases, those slots didn't go away, and people with other skills then migrated into them. You have people with essential skills (who) we need, now filling slots that should have been taken off the books and never were.

"It's a hard thing to do, and it's very traumatic, but (during) the first two years of my tenure, we got the books balanced, and we got the people out of the slots that were supposed to be emptied; we got the right people in the right slots," he said. "Only then did we really know what our critical shortages were."

But this shift in manning does not mean the Air Force is doing more with less, General Jumper said.

"We've got better budgets over the last three years than we've had in many years. ..." he said. "We've got airplane parts, and we've got mission-capable rates in our airplanes higher than what they've been for years. Why? Because we've had money to buy the parts for the first time in years and years.

"We've had pay raises and bonuses that have continued in unprecedented levels that Congress continues to vote for us," he said. "We're not doing more with less; we are doing more with the same amount of people — particularly when you talk about trying to sustain two wars."

It all comes down to proper use of Airmen and letting them know they are valued, the general said.

One Buckley Airman said he believes reducing recruiting is a much better idea than reducing the number of Airmen already wearing the uniform.

"We've already got the skilled workers here so there's no point in spending thousands of dollars training new people," said Airman 1st Class Chris Creamer, 460th Mission Support Squadron. "It's more cost-effective to limit recruiting and retain the skilled force we already have."

General Jumper said he wants Airmen to know that "we appreciate their service, and we're going to do everything we can to keep people who want to stay in the service." (Courtesy of U.S. Air Forces in Europe News Service)

It's your future ... Vote for it!

Want to vote in this year's election? Now is the time to register and to request an absentee ballot. It's easy to do -- just go to www.fvap.gov and click on *I Want to Vote* at the top left. From there you can follow the link to the Federal Post Card Application. The Federal Post Card Application is valid in all 50 states. If you send in this form, not only will you be registered to vote but it will automatically request an absentee ballot too. Contact your Unit Voting Assistance Counselor if you have any questions about filling out the form or where to mail it or call the installation voting officer, Maj. Chris Colclasure, at 720- 847-9891.

Sports —

Buckley Panthers take on Harlem Ambassadors

By Airman 1st Class Chris Smith 460th Public Affairs

Basketball, dancing and lots of joking around. Those things are what spectators at the Buckley Fitness Center got a chance to see Wednesday night when the Harlem Ambassadors visited the base to take on our own Buckley Panthers.

The evening's event began with the announcer introducing all of the Panthers to the nearly-packed gymnasium.

Next, the Ambassadors came out with a style of their own, running to the center of the court, all of the players in a circle around their team coach and player, Lade Majic. The players each showed off their fancy ball-handling skills before passing it back to Lade Majic so she could show off some of her own skills and pass it on again.

After the announcer introduced all of the Ambassadors, everybody was ready to begin playing.

As soon as the players went up for the jump-ball, it was evident the Ambassadors might be a bunch of jokers, but they could still play ball. The Ambassadors quickly grabbed the ball. Within a couple of seconds, they quickly scored the first two points with a slam dunk.

The ball went back and forth most of the first period. When the buzzer sounded at the end of the quarter, the Ambassadors held a two-point lead over the Panthers with a score of 13-11. This was the closest the Panthers would be to the Ambassadors for the remainder of the game.

Before the second quarter began, the Ambassadors brought out several chairs and set them in the middle of the court. They then brought out several children to play musical chairs. After a few minutes of playing, the kids were eliminated one-by-one until only one girl remained. As the musical chair victor, she was awarded a Harlem Ambassador T-shirt autographed by the team's players.

The second quarter began with the Panthers rotating in some new players. These players were mainly members of Buckley's "senior" leadership. These seniors came out with a lot of heart, but weren't able to score any points against the Ambassadors in the quarter, leaving the halftime score at 34-11.

During the halftime show, the Ambassadors brought several more children onto the court and had them all remove their shoes. Their shoes were then placed at the other end of the court. The children were instructed to start at one end of the court, run to a certain point and do five sit-ups, run to another point and do five push-ups, then run to their shoes and put them on. Then they were to grab a basketball and run back to the end of the court they started from and shoot the ball through the basket. The first child to complete this was the winner. The win ner of this event also received a Harlem



Photo by Airman 1st Class Chris Smith

Ivan Thomas, a Buckley Panther, goes up for the slam dunk over a Harlem Ambassador during Wednesday night's game.

Ambassador autographed T-shirt.

In the third quarter, the starting Panther team was back in the game trying to make up for the point deficit the seniors put them in. Their

-See Panthers, Page 13

Competition brings 'big guns' to fitness center

By. Mr. Jerrod Hallman Buckley Fitness Center

Strength was on display Saturday at the Buckley Fitness Center's first bench press competition. A crowd was on-hand to see 22 men and women display technique coupled with strength in their quest to be the strongest person at Buckley.

Participants were placed in six divisions based on weight and given three lifts with the opportunity to move up in weight with each successful lift.

The competition began with the women's division where there were only two competitors but still very stiff competition. Dee Hawkins completed her first lift at 65 pounds. And we were off and running...or should we say lifting.

The women's division featured two lifters, Teresa Sullivan and Dee Hawkins. After just missing her first lift of 65 pounds. Sullivan recovered and was able to come away victorious after her lift of 85 pounds, which was the weight her competition had just missed.

In the 150-pound division, all the lifters successfully completed their first two lifts with ease, setting the stage for a great final round in which Ranier Raqueno, from the 566th Information Operations Squadron won with a lift of 255 pounds, something many people might think is impressive for a guy weighing in at 147.5 pounds.

The next division featured competitors between 151 and 175 pounds. This was one of the more crowded divisions with six entries. The first round was a close one with everyone trying to gauge what the others were lifting. All the lifters stayed within 10 pounds of each other except James Simmons, who quickly established he was the man to beat. No other lifter was within 50 pounds of Simmons as he easily won this division with a lift of 340 pounds.

The 176- to 200-pound weight class featured six lifters and also had someone who would establish himself as the favorite. Tom Evans, from 566 IOS started out with a modest lift of 225 pounds, but on his next lift there was an extra 105 pounds as he made the day's biggest jump from one round to the next. Evans was successful and ended up winning the division with a lift of 350 pounds.

The "big guns" were in the house for the 201-225 division, as all 4 lifters were in the 300-pound. range. This division also provided the most drama. Going into the third round, Dontaine Swan and



Photo by 2nd Lt. Carla M. Gleason

Brian Morrell pushes the weights up during his turn on the bench at the bench press competition. Twenty-two people showed up to accept the competition challenge.

Eric Weber were separated by only ten pounds. Weber, who would lift first in the third round successfully completed his lift of 355 pounds. Needing to get 360 to win, Swan was not able to complete his lift making Weber the winner and giving him the day's big lift.

The last division featured lone lifter and veteran Don Sturges who had a final lift of 230 pounds.

Ms. Virginia Harris, a spotter for the competition, said the event was a positive experience for the base.

"It was great for our first competition," said Ms. Harris. "It was a good turnout."

All in all, the first Buckley Bench Bash was a great success. The fitness center staff would like to thank Virginia and Brian Harris and Dan Ladjevich for their hard work, judging and setting up to make this event a success and providing the opportunity for some of Buckley's strongmen to show their stuff.

Local golfers compete in 460 SW tournament

By Master Sgt. Jim Randall 460th Public Affairs

Buckley golfers donned their spikes for the first 460th Space Wing Commander's Tournament Monday at Murphy Creek Golf Course.

Eighteen teams participated in the four-person scramble, vying for the championship trophy with the 140th Wing's Z Team coming out on top. Teams from the 566th Information Operations Squadron and 460th Mission Support Squadron placed second and third respectively.

In a scramble tourney, all team members tee off on each hole. Then, the best tee shot is determined and all team members play their second shots from that spot. Similarly, the best of the second shots is determined and all team members play their third shots from that spot, and so on until a ball is in the can.

Competitors each shelled out



Photo by Mr. Jeff Zahlen

Many Team Buckley members along with members of the local community showed up to take part in the space wing golf tournament.

\$50 entry fees which covered greens fees, cart rentals and prizes.

Trophies were awarded to the first-, second-, and third-place teams, and bag tags were given to all competitors. First place team members, Larry Asher, Paul Anderson, Mike Melaragno and

Tom Shetter also received individual gift certificates from Murphy Creek.

In addition to team competition, the tournament featured opportunities for individuals to showcase their skills. Tim Majesky, 460th Comptroller Squadron, and Dick Hinson, 460th Services Division, won gift certificates for shots closest to the hole. Gary Schrader, 460 MSG, and Joe Lanigan, 566 IOS, won gift certificates for the longest drives.

"This is the first time the services division has hosted a tournament like this," said Jeff Zahlen, recreation and fitness specialist with the 460th Services Division who helped organize the tournament. "We'd like to make it an annual event."

"This tournament gave people from my section a chance to get out of the shop, have a good time and compete with the active-duty people," said Mike Melaragno, a member of the championship team from the 140th Wing.

"I love to golf, but don't get a lot of chances to go, so this was a good opportunity," said Jim Hyatt, 460 MSS Military Personnel Flight. "Plus, it was a chance to compete with people from other units."

From *Panthers*, Page 11 attempt was unsuccessful, putting up nine points against the Ambassadors' 20 points. At the end of the third quarter, the score was 54-20.

The seniors came back out to finish the fourth

quarter and the game. They managed to pull it together and score five points, but the Ambassadors scored 14 points in the quarter, leaving the Panthers in the dust with a 43-point lead to win 68-25.

"(The game) was fun,"

said Corey Edmonds, Buckley Panther. "They definitely know how to do their job well. It seems like a fun team to play on."

Letting people have some fun is the reason the Ambassadors came to Buckley to play against the Panthers, according to Lade Magic.

"We have men and women out there defending our country, defending us, who aren't able to have fun each and every day," Lady Magic said. "Some are deployed, some are waiting to deploy. We become complacent watching it on the news everyday. People are dying and it's real. If we can come in and spread some happiness and joy and make people forget about it for a couple of hours, it's worth it."

Crossword -- Deploying the Force

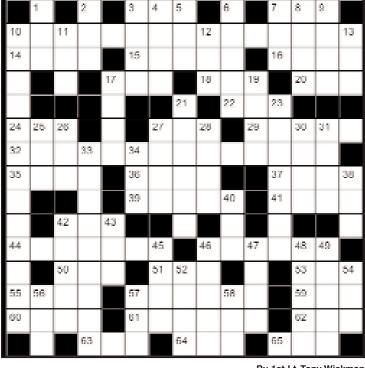
ACROSS

- 3. Mascot for University of Georgia
- 7. One's fortune in life; fate
- 10. What a C-Bag is for (two words)
- 14. Capital of Norway
- 15. Honeydew or water
- 16. VIP
- 17. Person who interprets 3 DOWN
- 18. Dame
- 20. Mining goal
- 22. Sass
- 24. Order with motto 'For God and the Empire', briefly
- 27. Exclamation of discovery
- 29. Peninsula of southeast Asia
- 32. Necessity for deploying members to take care of families (3 words)
- 35. Pal
- 36. Snakelike fishes
- 37. Law to enforce during war
- 39. Queried
- 41. Sports channel
- 42. Diving sea bird of northern regions
- 44. MREs to deploying troops
- 46. Military org. concerned with deploying members' records
- 50. Alcoholic beverage made with rye and berries
- 51. Columbus, OH school
- 53. Picnic pest
- 55. At the home of; at or by
- 57. Loves
- 59. 3 in old Rome
- 60. Ripped
- 61. Concern of all deploying service members, commanders
- 62. Rules to observe during wartime
- 63. Primary, secondary or hasty; spots to fight from, in short
- 64. Part of a circle
- 65. Wear, as in a gas mask

DOWN

1. VCR tape

- 2. Military org. for moving supplies, household goods
- 3. Mil. law applicable at all times, everywhere
- 4. Mother Earth
- 5. Everything
- 6. Of, relating to, or prescribing punishment, as in 3 DOWN
- 7. Pay statement needed for deployment
- 8. Aware of, as in a criminal activity (two words)
- 9. Former Russian ruler
- 10. Rules to observe if captured (three words)
- 11. Large North American deer
- 12. Tag given to service members
- 13. Previous to; before
- 17. Dirt
- 19. Hobble
- 21. Deployment assignments
- 23. Items used to move cargo on aircraft for deployments
- 25. Mil. pay entitlement on 7 DOWN
- 26. Flightless bird
- 27. Hole-in-ones
- 28. Rear end (British slang)
- 30. Country of southeast Asia
- 31. Catch a wink; take
- 33. What members must be before deploying
- 34. Vote of agreement
- 38. CSAF's naval equivalent
- 40. Name in legal proceedings to designate an unknown
- 42. Ire
- 43. Barbie's pal
- 45. Cola
- 46. Containing less extraneous than most
- 47. Having pink or red color
- 48. Capital of Egypt
- 49. Edible bulb vegetable
- 52. Accord between foreign gov't and US for handling troops
- 54. Even
- 56. Spicy
- 57. Cleopatra killer
- 58. And so forth, briefly



By 1st Lt. Tony Wickman

Solutions to last issue's puzzle...

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Buckley Chapel Schedule



Worship Services and **Religious Education**

Protestant Programs Bible Study: Sunday at 9 a.m. in Bldg. 606.

Contemporary Worship: Sunday at 10 a.m. in Bldg. 606.

After service fellowship: 11 a.m. in Bldg. 606.

ADF Bible Study: Tuesday at 11:30 a.m. in the ADF Conference Room C.

Dorm Bible Study: Wednesday at 5 p.m. in the day room.

OCF Brown Bag Bible Study: Wednesday at 5 p.m. in Mod. 1.

Catholic Programs

For information on Catholic services, call 720-847-6411.

Other Faith Groups

Please contact the base chapel at 720-847-6411 for information on local and regional faith groups.

Special events

Fellowship luncheon: First Wednesday of each month, from noon to 12:45 p.m. for food, fellowship and a devotion in Mod. 1.